



GYMNASTICS	AGE RANGE	DAY	TIME
Kinder Tots	18mnths – 3yrs	Tuesday, Wednesday, Thursday	9.30am - 10.30am
KinderGym	3-4yrs	Tuesday, Wednesday, Thursday	10.30am - 11.30am
	All ages	Saturday	8.00am - 9.00am
KinderRec	4+	Monday	10.30am - 11.30am 3.30pm - 4.30pm
		Tuesday	11:30am-12:30am
		Wednesday	3.30pm - 4.30pm
		Thursday	11.30am - 12.30pm
		Saturday	9.00am - 10.00am 11.00am - 12noon
Ninja Gym	3-5yrs	Monday	9.30am – 10.30am
Colours (Beginners Recreational)	Kindergarten+ (Girls)	Monday, Tuesday, Wednesday, Thursday, Friday	4.00pm - 5.00pm
		Wednesday	4.30pm - 5.30pm
		Saturday	9.00am - 10.00am 10.00am - 11.00am
	Kindergarten+ (Boys)	Monday, Wednesday, Friday	4.00pm - 5.00pm
		Saturday	8.00am - 9.00am
	Kindergarten+ (Mixed)	Monday, Friday	4.30pm - 5.30pm
Stages (Recreational)	8+ (Girls)	Monday, Tuesday, Wednesday, Thursday, Friday	5.00pm- 7.00pm
		Saturday	10.00am - 12.00noon
	8+ (Boys)	Monday, Wednesday, Friday	5.00pm - 7.00pm
	8+ (Mixed)	Monday, Friday	5:30pm to 7:30pm
MG Levels 1- 3	Boys By Invitation	Tuesday, Wednesday	4.00pm - 7.30pm
		Saturday	12.30pm – 4.00pm
MG Levels 4-10	Boys By Invitation	Tuesday, Thursday	4.00pm - 7.30pm
		Saturday	8.00am - 12.00noon
WG Levels 1-3 White	Girls By Invitation	Tuesday, Thursday	4:30pm - 7:30pm
		Saturday	9:30am – 12:30pm
WG Levels 1-3 Red	Girls By Invitation	Monday, Wednesday, Friday	4.30pm - 7.30pm
		Saturday	1.00pm - 4:00pm
WG Levels 4-10	Girls By Invitation	Monday, Tuesday, Wednesday, Thursday, Friday	4.00pm - 8.00pm
		Saturday	8.00am - 12.00noon
Gym Fit	Primary 9-12 (Mixed) Secondary 13-15 (Mixed)	Wednesday	4.00pm - 5.30pm 5.30pm - 7.30pm
Power Tumbling	15-18 years (Mixed)	Tuesday	7.30pm – 8:30pm
		Thursday	8.00pm - 9.00pm
Adult Gym	18+years (Mixed)	Tuesday	8.30pm - 10.30pm
Special Olympics	By Invitation Only	Saturday	11.30am – 1.30pm



	PRICING
Kindergym/ Colours	\$34* f/night direct debit
Stages	\$60* f/night direct debit
Levels	Dependant on training hours per week*
Power Tumbling	\$34* f/night direct debit
Adult Gym	\$21* per visit-Wednesday class Monday class-\$10 per visit

*Plus NSW Gymnastics Insurance and Registration

LEARN TO PLAY
\$30F/night direct debit. Effective Term 3 2017.
Ask about our Family Membership packages

	AGE RANGE	DAY	TIME
Soccer	5 - 8yrs	Monday	4.00pm - 5.00pm
	9 - 12yrs		5.00pm - 6.00pm
Multi Sports (Ball sports)	5 - 12yrs	Tuesday	3.30pm - 4.30pm
Teen Basketball	13 - 17yrs	Tuesday	4.30pm - 5.30pm
Netball	5 - 12yrs	Wednesday	4.00pm - 5.00pm
Basketball	5 - 8yrs	Thursday	4.00pm - 5.00pm
	9 - 12yrs		5.00pm - 6.00pm
Badminton	5 - 12yrs	Friday	4.00pm - 5.00pm
	12 - 17yrs		4.00pm - 5.00pm

	AGE RANGE	DAY	TIME
Badminton	Mixed	Wednesday	9.30am - 11.30am (\$10 per session)
	Mixed	Friday	8.00pm - 10.00pm (Price on Application)
Karate (White Belts)	5+	Tuesday, Thursday Saturday	6.00pm - 6.30pm 9.30 am - 10.00am
Karate (Kyu Grades)	5+	Tuesday, Thursday Saturday	6.30pm - 7.30pm 10.00am - 11.00am
Karate (Black & Brown Belts)	Adults (>16 years)	Tuesday, Thursday Saturday	7.10pm - 8.25pm 8.30am - 9.30am

Ask about our discounted multiple class rates for Karate

BIRTHDAY PARTIES

DAY	TIME	DETAILS
Saturday	12:30-2:30 / 3:00-5:00	Cost: \$20per child. Minimum of 15 kids Deposit must be paid when making booking to guarantee time slot
Sunday	10.00-12.00 / 12:30-2:30 / 3:00-5:00	